



## Nanaimo Community Gardens Society 2010 Plant & Seed Variety Information

271 Pine St Nanaimo BC V9R 2B7  
250-816-GROW (4769)  
[www.nanaimocommunitygardens.ca](http://www.nanaimocommunitygardens.ca)

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### Tomatoes

**Oregon Spring-** Early bush tomatoes. Large slicing tomato with a mild flavour.

**Black Krim-** Heritage vine. Dark red, almost brown on top. Sweet almost smoky flavour.

**Principe Borghese-** Vine tomatoes. Plum shaped cherry tomatoes, superb when dried.

**Super Italian Paste-** Heirloom vine tomatoes. Produces big firm tomatoes.

**Roma-** Popular pear shaped tomatoes with a wonderful flavour.

**Bush Beefsteak-** Large firm fruit, with smooth rich flavour.

**Polish Linguisa-** Heirloom Vine Roma tomatoes. Grows many large sweet tasting tomatoes.

**Yellow Pear-** Heirloom cherry tomato. The pale yellow fruit grows on a vine and produces lots of fruit.

**Gold Nugget-** Bush Cherry tomato. Early producer of rich sweet tasting yellow fruit.

**Yellow Brandywine-** Heirloom vine. Produces large flattened yellow fruits with a rich full flavour.

**Gardeners Delight-** Vine cherry tomato with wonderful old fashioned tomato taste.

**Bonny Best-** Strong vine, produces firm tomatoes with old fashioned flavour.

### Tomatillos

**Toma Verde-** Bush. If harvested green perfect for making salsa verde. When ripe delicious fresh or cooked.

### Peppers

#### **Sweet-**

**California Wonder-** Bears heavy, smooth skinned sweet red peppers.

**Purple Beauty-** Short bushy purple peppers. The colour goes from green to purple to deep red.

**Pepperoncini-** Italian heirloom, bushy plants yield slender sweet peppers.

**Red Bull Horns-** Italian Heirloom, produces fat peppers shaped like a bulls horn.

## ***Hot-***

**Jalapenos-** Medium hot, juicy dark green peppers.

**Filius Blue-** Exotic bush, peppers are purple when young (very hot) and ripen to red with milder flavour.

**Large Red Cayenne-** Start dark green and ripen to scarlet. Hotter than jalapeños.

**Habanero-** Large plant produces small, very spicy peppers.

**Thai Dragon-** Slender spicy peppers perfect for Thai or Vietnamese cooking.

## **Herbs**

### ***Parsley***

**Dark Green Italian Plain-** Fat dark green leaves, with rich parsley flavour. Easy to grow.

**Forest Green-** Short strong stems produce big clusters of non-bitter leaves.

### ***Basil-***

**Genovese-** Large shiny almond shaped leaves, best for pesto.

**Sweet Basil-** Vigorous plant grows big green leaves all summer.

**Siam Queen-** Highly ornamental plant with purple stalks and pink flowers. Perfect for Thai cuisine.

**Cinnamon-** Unique cinnamon taste, wonderful for tea or cooking.

**Lime-** Distinct lime flavour, great for seafood.

**Sweet Dani Lemon-** Lovely lemon scented basil. Freezes and dries well.

### ***Dill-***

**Fern Leaf-** Dwarf Variety grows only 30-45 cm, produces masses of seeds.

**Mammoth-** Tall vigorous plant, matures to seeds quickly.

**Fennel, Smoky-** outstanding ornamental with a strong liquorice taste.

**Rosemary-** Plant has stiff stems with fir-like leaves and intense aroma.

**Chives-** Hardy and easy to grow. Stems have a mild green onion taste.

**Garlic Chives-** Flat leaf variety gives off a strong garlic flavour.

**Summer Savoury-** Delicate little plant grows quickly. Great for bean, pea, and lentil recipes.

**Chamomile-** Prefers cool weather. Use fresh or dried for teas or medicinal uses. Self sows.

**Tarragon-** Perennial produces glossy-green leaves. Great for French cuisine.

**Catnip-** Not just for cats, leaves can be eaten. Good bee attractor.

**Lemon Balm-** This perennial self seeds and attracts bees. Use in bouquets or teas for lemon scent or flavour.

**Borage-** Fuzzy cucumber scented leaves, attracts bees all summer. Young leaves can be cooked like spinach.

**Sweet Marjoram**- Perennial grows 25 to 60 cm tall. Great for spicing food.  
**Sage**- Woolly, silvery-green leaves. Great in stews, soups, salads, and stuffing.  
**Thyme, German English**- Woody evergreen plants, great for seasoning and attracts bees.  
**Cilantro, Santo**- Also known as Chinese parsley. Slow bolting, cool weather plant.

## **Kale**

**Lacinato**- Produces long dark blue-green feathery Leaves. Frost hardy and tender eating.  
**Improved Siberian**- Flat, broad leaves grow on long sweet stalks. Great for winter harvest.  
**Rainbow Tuscan**- Produces some blue-green leaves, some purple, some curly, and some with red veins.  
**Red Russian**- Grey-green leaves with purple stems, brightens after frost.

## **Squash**

**Benning's Green Tint**- Bush. Produces pale green fruit, delicious and easy to grow.  
**Zucchini, Black Beauty**- Some dark and some light fruit with tender texture and excellent flavour.  
**Spaghetti**- Pale yellow fruit on long vines, keep well. Great with tomato sauce.  
**Buttercup**- Sweet orange flesh. Very flavourful and easy to grow.  
**Butternut**- Semi-bush plants. Dark sweet orange flesh.  
**Yellow Crookneck**- Heirloom. Produces creamy yellow fruit, similar to zucchini.  
**Honey Boat (Sugar Loaf)**- High sugar content and thick flesh. Superior storage content.  
**Tromboncino**- Rambling vine produces very long pale-green squash. Flavourful and firm

## **Pumpkins**

**Howden**- Excellent for Halloween, rich orange colour with reliable flavour.  
**Small Sugar**- Round bright orange fruit. Sweetest texture and finest texture for cooking.

## **Strawberries**

**Fresca**- Traditional strawberry, produces all summer. Great for containers or raised beds.

## **Watermelons**

**Blacktail Mountain**- Early producer, and cold tolerant. May perform better under a cloche or in a greenhouse

## Lettuce

**Gourmet Mix-** Buttercrunch, red leaf, romaine, green leaf 60-80 days. Pretty in flower garden.

**Romaine-** Tall head of sturdy green leaves, more heat tolerant than other lettuce.

## Swiss Chard

**Bright Lights-** Thick red, yellow, rose, gold, and white stems produce large bright green leaves.

**Calico Mix-** Blend of red, gold, and magenta Swiss chard.

## Collards

Large dark green leaves. Sweeter after frost.

## Celeriac

**Ibis-** Easy to grow and harvest. Produces a large white root with few markings. Flavour a blend between celery and parsley

## Celery

**Tall Utah-** Early producer. Tall, sweet, thick stalks that hold their form well.

## Flowers

**Alyssum-** Low growing mounds of white flowers. Great as living mulch and attracting beneficial bugs.

**Calendula, Indian Prince-** Taller than usual with unique edible red and orange petals

**Safflower, Grenade Mix-** Tall bushy plant with yellow-red flowers. Can be used as a substitute for saffron.

**Licorice Mint-** Licorice scented leaves and tall spikes of edible lavender flowers.

## ***Margigolds***

**Tagetes Golden Gem-** Produces bright yellow edible flowers with a citrus scent.

**French Sparky Mix-** Produces mounds of orange and yellow flowers. Plant around veggies.

## ***Pansies and violas***

**Fizzy Lemon Berry-** Low mounds with ruffled yellow and purple flowers. Cold hardy.

**Johnny Jump Up-** Little flowers with lavender, white, and yellow faces. Like miniature pansies.

## ***Nasturtiums***

**Jewel mix-** Colourful blooms of yellow, orange and red. Will produce all summer. Edible.

**Seven colour blend-** Produces tangerine, salmon, deep gold, mahogany, scarlet, cream, and cherry rose flowers. Great for a salad.

## ***Sunflowers***

**Russian Mammoth-** Heirloom sunflower. Plant can reach 8-10 feet flowers can grow 20-25 cm wide.

**Grey stripe confectionary-** Great choice for edible seed. Flowers can grow 30-38cm wide.

## **Leeks**

**Varna-** The ultimate summer leek. Grows quickly, up to 35 cm. Not winter hardy.

## **Florence Fennel**

**Selma Fino-** Produces large, flat, white bulbs that are delicious.

## **Onions**

**Kelsae-** Enormous white onion with a sweet mild taste.

**Pacific-** Small bulbs, great for pickling onions. Can over winter under a cloche

**Riverside Sweet-** Over winter onion. Mild flavour.

**Purplette-** Produces purple bulbs. Pick young for pickling or let them grow to larger size.

## **Broccoli**

**Nutri Bud-** Plant has a large central head with medium-sized side shoots on vigorous and attractive plants.

**Zamboni Raab-** Small delicate sprouting broccoli. Early and productive.

**Calabrese-** Heirloom. The “original” broccoli, great flavour and texture.

**Purple Sprouting-** A hardy variety that can over winter. Produces slightly purple buds.

## **Cabbage**

**Summer Derby Day-** Produces a dark green head with pale sweet tender hearts.

**Early Market-** Cold hardy plants with small heads.

**January King-** Heirloom. Green heads with purple markings. Plant in spring for over wintering.

**Winter Danish Ballhead-** Mild and tender, great for cooking. Can over winter.

## **Cucumbers**

**Suyo Long-** Distinctive long dark green fruit. Produces non-bitter, crisp cucumbers.

**Homemade Pickles-** Vigorous plant produces cucumbers perfect for pickling.

**Market More-** Smooth, dark green fruit early maturing with slightly shorter vines.

**Lemon-** These heritage cucumbers are small and round with lemon coloured skin. Very mild and sweet.

## **Seeds For Sale**

### ***Beans***

**Scarlet Emperor-** Vigorous vine, produces many small red flowers and long beans. Roots can over winter and produce the following spring.

**Dragon Tongue-** Heritage bush bean. Turns from green to yellow with purple stripes. Eat fresh or dried.

**Eureka-** Bush variety produces yellow wax pods. Abundant harvest, very tasty.

**Jade-** Bush variety produces straight medium-dark green been with a rich traditional flavour.

### ***Peas***

**Oregon Giant Snow-** Unusually long, broad pods are sweet and tender.

**Sugar Snap-** This sweet pea has a crunchy texture and tall vine.

### ***Carrots***

**Scarlet Nantes-** Widely adapted to North American climate. Produces strong tops and old-time flavour