

Growing Winter-Harvest Vegetables

How to get *organic, fresh produce* from your back-yard garden all winter long!

The FULL CIRCLE Workshop

with Carol McIntyre ***** 250-334-2701

Professional teacher and gardener of winter-harvest vegetables for over 25 years

Designed for novice and experienced gardeners, this hands-on workshop takes participants from theory to October-May harvest and saving seed for the following year. The four sessions allow time and support to adapt and implement ideas to suit your needs. Treat yourself while supporting the planet!



Four-Session Program - 2010 Dates:

I: Starting with Seeds	Mar. 28	1-4 pm
II: Preparing the Garden	Apr. 18	1-4 pm
III: Sowing and Growing	May 15	1-4 pm
IV: Preparing for Winter Harvest	Oct. 9	1-4 pm

Fees (include course notes & starter materials):

- \$50.00/workshop (10% discount when 4-Session Package pre-paid) Please contact for family discount.

Workshop Locations:

**Nanaimo Community Gardens
271 Pine Street, Nanaimo, BC**

LIMITED SPACE SO REGISTER EARLY

Web site: www.winter-harvestvegetables.ca

Email: carol@winter-harvestVegetables.ca or

Call 250-334-2701